University of California, Irvine School of Medicine
Department of Anesthesiology & Perioperative Care
and Program in Geriatrics

present

Perioperative Care of the Older Patient Symposium

January 28, 2011, 7:30 am - 4:00 pm

Arnold and Mabel Beckman Center of the National Academies of Sciences and Engineering
100 Academy Way, Irvine, California 92617

This symposium is supported in part by a grant from the Donald W. Reynolds Foundation.
### PROGRAM

<table>
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<th>Time</th>
<th>Session</th>
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<tbody>
<tr>
<td>7:30 - 8:00 am</td>
<td>Registration &amp; Continental Breakfast</td>
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<tr>
<td>8:00 - 8:05 am</td>
<td>Greeting &amp; Introduction</td>
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<td></td>
<td>Joseph B. Rinehart, MD</td>
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<td>8:05 - 9:00 am</td>
<td>Health Care Reform Act: Implications for Future Practice</td>
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<td>Valerie A. Arkoosh, MD, MPH</td>
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<td>9:00 - 9:15 am</td>
<td>Short Q &amp; A</td>
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<td>Valerie A. Arkoosh, MD, MPH</td>
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<td>9:15 - 9:30 am</td>
<td>Break</td>
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<td>9:30 - 11:00 am</td>
<td>“How Old is Too Old?” – Preoperative Risk Assessment and Preparation of the Elderly Surgical Patient (30 min each)</td>
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<td>• Surgical Risk Factors in the Elderly</td>
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<td>Cameron Ricks, MD</td>
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<td>• Cardiac Evaluation – What Do You Really Need?</td>
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<td>Solomon S. Liao, MD</td>
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<td>• Nutrition &amp; Outcomes</td>
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<td>Jennifer A. Fix, RD</td>
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<td>11:00 - 11:15 am</td>
<td>Short Panel Q&amp;A</td>
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<td>11:15 - 12:00 pm</td>
<td>Lunch</td>
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<td>12:00 - 1:00 pm</td>
<td>“Fragile: Handle with Care” – Procedures and Safety (30 min each)</td>
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<td>• Safe Sedation for Minor Procedures</td>
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<td>Debra E. Morrison, MD</td>
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<td>• Anesthetic Techniques: Knowing the Options</td>
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<td>Joseph B. Rinehart, MD</td>
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<td>1:00 - 2:00 pm</td>
<td>“Mom Hasn’t Been the Same Since Surgery” – Improving Postoperative Outcomes (30 min each)</td>
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<td>• Recovery from Major Surgery: Norms in the Elderly</td>
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<td>Lisa M. Gibbs, MD</td>
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<td>• Postoperative Cognitive Problems: What Are the Risks, What Does it Mean, What Can I Do?</td>
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<td>Laura Mosqueda, MD</td>
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<td>2:00 - 2:15 pm</td>
<td>Short Panel Q&amp;A</td>
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<td>2:15 - 2:30 pm</td>
<td>Break</td>
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<td>2:30 - 3:30 pm</td>
<td>CMS &amp; Regulatory Requirements</td>
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<td>Sanford Weinstein, MD</td>
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<tr>
<td>3:30 - 4:00 pm</td>
<td>Q&amp;A, Wrap-up</td>
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### DIRECTIONS

**Arnold and Mabel Beckman Center of the National Academies of Sciences and Engineering**

100 Academy Way • Irvine, CA 92617

**From the Los Angeles Area**
- Follow Interstate 405 S to Highway 73 S/SJH Toll Rd.
- Take Highway 73 approximately 2 miles and EXIT at University Dr.
- Turn LEFT on University Dr. and continue to California Ave.
- Turn RIGHT on California Ave., then RIGHT at the first street, Academy. The center’s address is 100 Academy Way.

**From the San Diego Area**
- Follow Interstate 5 N to Interstate 405 N
- Take the Jeffrey/University Dr. off-ramp and turn LEFT.
- Continue on University Dr. approximately 3 miles to California Ave.
- Turn LEFT on California Ave., then RIGHT at the first street, Academy. The center’s address is 100 Academy Way.

**From the Riverside Area**
- Take the 91 Freeway West to the 55 Freeway South to Interstate 405 South.
- EXIT at Jamboree Rd. West, toward the coast.
- Continue on Jamboree Rd. to Campus Dr.
- Turn LEFT at Campus Dr.
- Turn RIGHT on University Dr.
- At the second signal, California Ave., turn LEFT.
- Turn RIGHT at the first street, Academy. The center’s address is 100 Academy Way.
Course Director
Joseph B. Rinehart, MD
Assistant Clinical Professor
Residency Program Associate Director
Department of Anesthesiology & Perioperative Care
University of California, Irvine School of Medicine

Keynote Speaker
Valerie A. Arkoosh, MD, MPH
Professor of Clinical Anesthesiology and Critical Care
Professor of Clinical Obstetrics and Gynecology
University of Pennsylvania School of Medicine
President, National Physicians Alliance

University of California, Irvine Faculty
Cameron Ricks, MD
Clinical Instructor
Department of Anesthesiology & Perioperative Care

Solomon S. Liao, MD
Associate Professor
Department of Medicine

Jennifer A. Fix, RD
Comprehensive Digestive Disease Clinic

Debra E. Morrison, MD
Clinical Professor
Director, Pediatric & Neonatal Anesthesia Services
Director, Preoperative Services
Department of Anesthesiology & Perioperative Care

Lisa M. Gibbs, MD
Associate Professor of Family Medicine
Director of Geriatric Medical Education

Laura Mosqueda, MD
Director of Geriatrics
Interim Department Chair and Professor of Family Medicine
Ronald W. Reagan Endowed Chair in Geriatrics

Guest Speaker
Sanford Weinstein, MD
State of California Department of Public Health Center for Healthcare Quality
**Learning Objectives**

- Recognize factors associated with increased morbidity and mortality in elderly surgical patients, and how these can be minimized.
- Understand the different approaches to anesthesia in surgical patients and possible implications.
- Evaluate the post-operative geriatric patient, understand the normal course of recovery in this population, and know signs and significance of post-operative cognitive dysfunction.

**Accreditation Statement**

The University of California, Irvine School of Medicine is accredited by the Accreditation Council for Continuing Medical Education to provide medical education for physicians.

**Designation Statement**

The University of California, Irvine School of Medicine designates this educational activity for a maximum of 6.75 AMA PR Category 1 Credit(s)™. Physicians should only claim credit commensurate with the extent of their participation in the activity.

**ADA Statement**

In compliance with the Americans with Disabilities Act, we will make every reasonable effort to accommodate your needs. For any special requests, please contact Nokteh Taheri, Ed.D., ntaheri@uci.edu, 714.456.5530 by December 31, 2010.

**AB 1195**

This activity is in compliance with California Assembly Bill 1195, which requires continuing medical education activities with patient care components to include curriculum in the subjects of cultural and linguistic competency. For specific information regarding Bill 1195 and definitions of cultural and linguistic competency, please visit the CME website at www.cme.uci.edu.

**Disclosure Statement**

It is the policy for the University of California, Irvine School of Medicine and University of California CME Consortium to ensure balance, independence, objectivity and scientific rigor in all CME activities. Full disclosure of conflict resolution will be made in writing via handout materials or syllabus.
REGISTRATION FORM

Perioperative Care of the Older Patient Symposium

January 28, 2011
Arnold and Mabel Beckman Center of the National Academies of Sciences and Engineering

Contact Information

Name (First, Middle, Last): ___________________________ Credentials: ________
Organization: ___________________________ Medical Specialty: ___________________________
Preferred mailing address is (select one): ☐ Work/Business ☐ Home
Address: __________________________________________
City: ___________________________ State: ________ Zip: ________
E-Mail (required for confirmation): ___________________________
Telephone (☐ Cell ☐ Home ☐ Work): ___________________________ Fax: ___________________________
Special Needs (If you have special assistance needs or dietary restrictions, please describe here):
__________________________________________________________
__________________________________________________________

Registration

Symposium Registration Fee:
☐ Physicians $110
☐ Nurses/PA's/Allied Health Professionals $85
☐ Residents $70

Payment Information

☐ Check is enclosed in the amount shown at right (Make checks payable to UC REGENTS) $ _____________
☐ Credit Card (Select one: ☐ MC ☐ Visa ☐ AmEx ☐ Discover)
Account Number: ___________________________ Exp. Date: ___________________________
Signature: ___________________________ Date: ___________________________

Please Call 714.456.5530 to Register or Mail or Fax Completed Registration Form and Check to:

Nokteh Taheri, EdD, Program in Geriatrics, University of California, Irvine
101 The City Drive South, Bldg. 200, Suite 835, Orange, CA 92868-1150
Phone: 714.456.5530 • Fax: 714.456.7933 • Email: ntaheri@uci.edu
Course Overview

The goal of this symposium is to discuss the evaluation and management of the geriatric surgical patient from the perspective of primary care providers. With a focus on physician and nursing challenges, and through the use of a series of lectures from recognized experts and two panel discussions, the specific risks of geriatric surgery will be discussed. Evidence-based approaches to reduction in morbidity and mortality will be presented along with current literature. The conference will highlight each of the three phases of surgery: preoperative evaluation, intraoperative management, and post-operative recovery. Additionally, the impact of recent changes in health care law and the Affordable Care Act (HR3962) will be covered.

Target Audience

These activities are designed for physicians (primary care physicians, anesthesiologists, and surgeons), nurses (nurse practitioners and other registered nurses), and physician assistants.