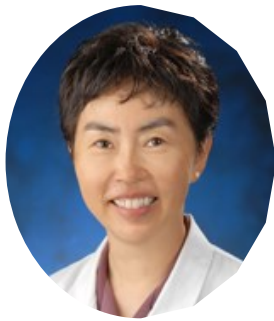


Department of Family Medicine

January 2017

Message from the Chair



Happy 2017! We start the New Year with exciting news: last December, the American Academy of Family Physicians ranked UC Irvine School of Medicine 16th among allopathic schools in the nation to have high graduation rates of family physicians. Only one other medical school in California made the top 20 list. In 2015, we were recognized as one of the top 10 medical schools for matching medical students into family medicine

residency programs, so we are proud of this recent accomplishment. As our nation struggles with the current primary care physician shortage, our contribution is critical to the health of all Americans.

With this in mind, the Department of Family Medicine continues to evolve. In 2016, we welcomed Dr. Brian Kim who sees primary care and sports medicine patients at Gottschalk Plaza. Kim is a UC Irvine School of Medicine alumnus; he returned after finishing residency and fellowship at UCLA. Also, we welcomed Dr. Reza Talebi Dolouei, a geriatrics-trained family physician at the SeniorHealth Center. Vanessa Rodriguez joined our department as a bilingual family nurse practitioner at the UC Irvine Health Family Health Center (FHC), Anaheim, and with the bittersweet departure of Drs. Lynette Bui, Marco Angulo, and Vinh Nguyen, we recruited two new faculty members, Drs. Betzy Salcedo and Yasser Giron, who will join the FHCs in Anaheim and Santa Ana (respectively) in February.

Dr. Lisa Gibbs, chief of the Division of Geriatrics, received many well-funded grants, including the Geriatrics Workforce Enhancement Project from the U.S. Health Resources & Services Administration. As part of the grant, she provides geriatrics

Continued on page 2

Highlights

Sports Medicine Services Expand	Page 2
New Faculty in the Department of Family Medicine	Page 3
Addressing the National Primary Care Shortage	Page 5



Message from the Chair

Continued from page 1

services at the FHC in Santa Ana. The clinic is staffed by residents and nurse practitioners, working under the guidance of Dr. Herbert Sier and nurse practitioner Camille Fitzpatrick, and psychologist Sandra Klein who provides neuropsychiatric testing.

As for our academic efforts, Drs. Esther Ho and Hanh Nguyen continue to focus on improving the curriculum and the residency experience. Our residents contribute to Grandma's House of Hope—a non-profit organization that provides basic services to individuals and families living in extreme poverty—by offering wellness and resilience activities for women and children. Their willingness to help those who are less fortunate reassures us that the future of family medicine is in good hands.

I hope you enjoy reading the following pages. Thank you for your continued support and have a wonderful New Year!

Sincerely,

Emily Dow, MD

UC Irvine Health Sports Medicine Services Expand



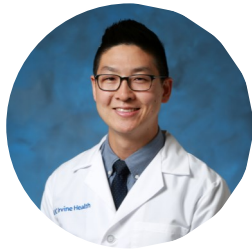
With the addition of Dr. Brian Y. Kim, the Sports Medicine Services at UC Irvine Health are growing. High school, college or professional athletes, as well as weekend warriors, can now choose one of our two family medicine physicians in Irvine, who are fellowship-trained in sports medicine.

Drs. Christopher Kroner and Brian Kim offer specialized care and treatment for athletes and fitness enthusiasts of all skill levels. During their visits, Kroner and Kim focus on injury prevention and provide personalized treatment to ensure that patients remain in optimal health as they pursue their favorite activities. In addition to treating conditions such as muscle and tendon tears, concussions or bone and stress fractures, the Sports Medicine physicians offer screening exams for sports participation for both healthy patients and those with medical complications.

Before joining UC Irvine Health, Kim served as primary physician on-site for the United States Olympic Training Center in Colorado Springs, Colo. Kroner serves as a team physician for the Anaheim Ducks and the USA Waterpolo Team. He also coordinates and supervises medical coverage for the RunDisney Half Marathons at Disneyland®.

To schedule an appointment, call 949-824-8600
or visit ucirvinehealth.org/sportsmedicine

New Faculty in the Department of Family Medicine



Brian Y. Kim, MD is board-certified in family medicine and sports medicine. His clinical interests include multidisciplinary care for active individuals, running medicine, health considerations in the female athlete, metabolic bone health, overuse injuries, and sports health and nutrition.

Kim has worked extensively with athletes at all levels in various sports, including track and field, volleyball, ski and snowboarding, tennis, soccer, swim, cycling, golf and gymnastics. He recently served as the primary physician on-site for the United States Olympic Training Center in Colorado Springs, where he provided integrative, collaborative and multidisciplinary care for their athletes. He is a team physician for UC Irvine Athletics. [To schedule an appointment, call 714-456-7002.](#)



Reza Talebi Dolouei, MD is a board-certified family medicine physician who is fellowship trained in geriatric medicine. His clinical interests include geriatric assessment, dementia, preventive medicine and chronic medical conditions including hypertension and diabetes.

Talebi Dolouei is passionate about the care of his patients and teaching, and uses his expertise to educate patients and physicians. As a medical student, he was part of disaster relief efforts with the Iranian Red Cross, and later spent time in Haiti providing exams and promoting health within the community. [To schedule an appointment, call 714-456-7007.](#)

New Family Medicine Residents: Class of 2019



David Adler, MD
*David Geffen School
of Medicine at UCLA*



Tammy Chew, MD
*University of Toledo
School of Medicine*



Jeanine Gore, MD
*UC Davis School of
Medicine*



Renee Kreidl, MD
Rush Medical College



Timothy Lee, MD
*University of Illinois
College of Medicine*



Linda Lin, MD
*Oregon Health &
Science University
School of Medicine*



Kevin Riutzel, DO
*Touro University
Nevada College of
Osteopathic Medicine*



Sadas Sureshswala, DO
*Touro University
Nevada College of
Osteopathic Medicine*



Nina Tsai, MD
*St. Louis University
School of Medicine*

Addressing the National Primary Care Shortage



UC Irvine School of Medicine Family Medicine Interest Group Board Leaders

Due to the Affordable Care Act and the current state of healthcare in the U.S., there is a need to increase the family medicine and primary care workforce to be able to effectively serve our communities. The UC Irvine School of Medicine has yielded a higher percentage of graduating students who enter into family medicine, as compared to other U.S.

medical schools.

In 2015, 13.1 percent of our graduates entered a family medicine residency program accredited by the Accreditation Council on Graduate Medical Education (ACGME). This classifies UC Irvine School of Medicine as the 16th allopathic school in the nation in graduate rate of family physicians.

Facts Highlights

40%

Physician workforce is primary care

13.1%

UC Irvine graduates entered family medicine residency program

16th

Allopathic school in the nation for graduates choosing family medicine specialty

Source: American Academy of Family Physicians

Down Syndrome Group Medical Visit at FQHC, Santa Ana



At UC Irvine Health, we understand that adults with Down syndrome have unique healthcare concerns that require seamless coordination of clinical and social services. To facilitate

care, the FQHC in Santa Ana is now offering primary care services for adults with Down syndrome who transition out of pediatric care. We are the first primary care clinic in Orange County to provide care for adults with Down syndrome.

The group medical visits are led by Dr. Emily Dow. They provide high quality primary care including comprehensive medical assessment of adults with

Down syndrome, referrals and onsite consults with specialists, sports medicine services, pharmacy services, lab services, counseling with a social worker, mental health sciences for medication management, case management, and yoga and Zumba classes.

For more information or to make an appointment, call (657)282-6355.

Consider a Gift to Support Our Innovative Teaching Programs

Meet Our Geriatric Fellows



Left to right: Dr. Xaviour Walker, Dr. Lisa Gibbs, Mr. Joseph Alfieri, Mrs. Laura Alfieri, Dr. Aisha Memon, and Dr. Sonia Sehgal.

Joseph and Laura Alfieri are long-time donors who made a generous donation to UC Irvine Health SeniorHealth Center; their pledged gift will support our geriatric fellows. You, too, can make an impact.

The Department of Family Medicine, Division in Geriatric Medicine and Gerontology provides care at four sites: in Santa Ana and Anaheim Federally Qualified Health Centers, at Gottschalk Medical Plaza on the UC Irvine campus and at the SeniorHealth Center in Orange. Our vision is that every patient has access to world-class, state of the art care, served by compassionate, dedicated primary care physicians

If you would like to contribute to the clinical, research and teaching endeavors of our department, please contact Linda Haghi at lhaghi@uci.edu or donate at <http://connect.uci.edu/FamilyMed2017>

We appreciate your consideration of this communication. If you wish to have your name removed from future UC Irvine Health Advancement fundraising requests, please email us at OptOutHealthAffairs@uadv.uci.edu or call our toll-free number at 855-824-3768.



Aisha Memon, MD
*St. George's University
School of Medicine*



Xaviour Walker, MD
*University of Otago
Medical School*

Grant Activities

UNIHEALTH

UC Irvine and its collaborative partners, The Samueli Foundation, the Health Funders Partnership of Orange County and the Coalition of Orange County Community Health Centers, under the direction of Dr. David Kilgore received an award for \$600,000 over three years from the UniHealth Foundation for the “Transforming Orange County’s Community Clinic System: Creating True Community Health and Wellness” initiative.

This comprehensive initiative intends to redefine a healthcare delivery system for the underserved in Orange County. It will support the transformation of county’s clinics from a disease-focused approach to a health delivery model that focuses on prevention and promoting health. This will be achieved by integrating evidence-based health modalities and proven prevention interventions into the current healthcare delivery system.

WEST HEALTH

The West Health Institute cooperative agreement project entitled “The 360 degree Caregiving Solution: Linking UC Irvine Health PCMH services and Community Based Services” has been awarded \$1.8 million over three years, under the direction of Dr. Lisa Gibbs. The goal of this research project is to develop the 360 degree Caregiving Solution, which is a comprehensive care coordination model targeted to older adults. The 360 degree Caregiving

Solution will be a care coordination hub within the SeniorHealth Center that uses the skills of a community-based social worker/navigator to be the liaison between the community service provider and the healthcare provider to address the full spectrum of needs for patients who are aging in place.

GWEP*

The UC Irvine Health Division of Geriatric Medicine is collaborating with UC Irvine Program in Nursing Science, AltaMed, Southland, Alzheimer’s Orange County, and our Federally Qualified Health Centers to cultivate a culture of caring for older adults. The UC Irvine Geriatric Workforce Enhancement Program (GWEP) is a three-year, \$2.5 million grant from Health Resources and Services Administration (HRSA), which is aimed at maximizing patient and family engagement, and improving health outcomes for older adults by integrating geriatrics with primary care.

INTEGRATIVE MEDICINE

The Susan Samueli Center for Integrative Medicine (IM) program under the direction of Dr. David Kilgore received a grant for \$800K over four years. This program is designed to transform how we teach and provide healthcare for underserved patients. The goals of the IM program include: 1) Provide optimal healing environment for our

underserved patient community, health center staff and physicians, 2) Initiate a new model of medical education for medical students, nurse students, and family medicine residents, and 3) Create an integrative medicine center, which will include education, patient care and research.

**This project is supported by the Health Resources and Services Administration (HRSA) of the U.S. Department of Health and Human Services (HHS) under U1QHP28724, Geriatric Workforce Enhancement Program, for \$2.5 million, and 0% financed with nongovernmental sources. This information or content and conclusions are those of the author and should not be construed as the official position or policy of, nor should any endorsements be inferred by HRSA, HHS or the U.S. Government.*

Healthy Cooking Series



Dr. Kilgore with medical students and chef assistants at the Culinary Medicine Elective workshops in Fall 2016.

The UC Irvine Health Integrative Medicine Program launched the Culinary Medicine Initiative, which puts evidence-based nutrition into practice. As part of this initiative, the Healthy Cooking series (Cocinando Saludable) was piloted in Summer 2016 at the Discovery Cube Orange County, which has a teaching kitchen for Family Health Center patients. Patients examine principles of the Mediterranean diet and the DASH diet, and gain hands-on cooking

instruction from a chef with a focus on making healthy and delicious culturally appropriate dishes, using efficient food preparation techniques, and helping patients make practical changes to eating and shopping habits. In addition to the Healthy Cooking Series, Integrative Medicine also piloted a Culinary Medicine elective course for UC Irvine medical students in Fall 2016.

podcasts for Clinical Foundations, teaching medical students using the iPad mini, and incorporating arts/poetry in medical practice.

Huy Tran, DO, received Faculty of the Year Award by the Residency Program.

Steven Tam, MD was awarded 2016 OC Medical Association Physicians of Excellence Award.

Charles Vega, MD, was awarded 2017 OC Medical Association Physicians of Excellence Award. He was also accepted into 2016 AAMC Health Executive Diversity and Inclusion Certificate Program, which is a 6-month program to generate best practices in diversity and inclusion.

Sonia Sehgal, MD, was awarded 2016 OC Medical Association Physicians of Excellence Award.

Lisa Gibbs, MD was appointed as the Reagan Endowed Chair in Geriatric Medicine. She was awarded 2016 OC Medical Association Physicians of Excellence Award and Best Doctor® in America in Geriatric Medicine Best Doctors, Inc.

Awards and Recognition

David Kilgore, MD, was awarded 2016 OC Medical Association Physicians of Excellence Award. He also received the Unihealth grant and established new Culinary Medicine elective course for medical students. He was the conference co-chair for the 2016 National conference for Integrative

Medicine for Underserved. He was also awarded California Academy of Family Physicians (OC Chapter) 2016 Educator of the Year.

Tan Nguyen, MD, is a member of AIME (Academy of Innovation in Medical Education). He is creating

*Acting Chair and Clinical Professor,
Department of Family Medicine*



UC Irvine Health